



Systematic Review Questions:

 [What is the effect of dietary intake of monounsaturated fatty acids \(MUFA\) when substituted for saturated fatty acids on increased risk of cardiovascular disease and type 2 diabetes, including intermediate markers such as lipid and lipoprotein levels and inflammation? \(DGAC 2010\)](#)

 [What is the effect of replacing a high carbohydrate diet with a high monounsaturated fatty acid \(MUFA\) diet in persons with type 2 diabetes? \(DGAC 2010\)](#)